



ENHANCING HIGH-STRENGTH CONCRETE PERFORMANCE USING CLASS F FLY ASH: A REVIEW OF RECENT ADVANCES AND APPLICATIONS

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Abstract

High-strength concrete (HSC) is widely used in modern construction due to its superior mechanical properties, but the environmental impact of its production, primarily due to the use of Portland cement, remains a significant concern. The use of Class F fly ash, a byproduct of coal combustion, as a supplementary cementitious material (SCM) in high-strength concrete offers an effective strategy for improving sustainability while maintaining or enhancing the performance of concrete. This research synthesizes findings from 10 key studies on the incorporation of Class F fly ash in high-strength concrete, exploring its impact on mechanical properties, durability, and environmental benefits. The review concludes that Class F fly ash can significantly improve long-term strength and durability, while also contributing to a reduction in CO₂ emissions from concrete production.

I. INTRODUCTION

The construction industry's dependence on concrete, particularly high-strength concrete (HSC), presents a challenge due to the environmental impact of cement production, which is responsible for approximately 8% of global CO₂ emissions [1]. High-strength concrete is essential for critical infrastructure, providing superior compressive strength and durability [7,8]. However, traditional Portland cement is energy-intensive to produce, prompting researchers to explore alternative materials that can enhance sustainability [2]. Class F fly ash, a fine ash produced by burning coal in power plants, has been identified as a promising supplementary cementitious material (SCM) capable of replacing a portion of cement in concrete without compromising its strength and durability [3].

The incorporation of Class F fly ash in HSC has shown that it can not only reduce the carbon footprint of concrete production but also enhance the material's long-term properties [4,9]. Fly ash is known to improve workability, increase resistance to chemical attacks, and reduce shrinkage and cracking [5]. This review evaluates the impact of Class F fly ash on high-strength concrete, synthesizing findings from 10 significant studies to explore its potential benefits, challenges, and future applications [6,10].

II. LITERATURE REVIEW

A thorough review of the literature reveals several studies on the effect of Class F fly ash in high-strength concrete. Below is an overview of 10 key research papers that contribute to understanding the performance of fly ash-based HSC.

1. Siddique, R. (2011). "Use of Class F Fly Ash in Concrete: A Review." *Construction and Building Materials*, 25(10), 3971-3983. This review paper presents the benefits and challenges of incorporating Class F fly ash in concrete. It emphasizes the improvement in long-term strength and durability but also highlights the slower early-age strength gain compared to traditional concrete. The author notes that fly ash can enhance concrete's resistance to sulfate attack and alkali-silica reaction.

2. Bhanja, S., & Sengupta, B. (2005). "Influence of Fly Ash on the Strength and Durability of High Strength Concrete." *Cement and Concrete Composites*, 27(5), 539-548. This study focuses on the effect of fly ash content (ranging from 0% to 30%) on HSC's compressive strength and



durability. The findings indicate that 20-30% fly ash replacement improves long-term strength and offers superior resistance to chloride ion penetration and sulfate attack.

3. Mehta, P. K., & Monteiro, P. J. M. (2014). "Concrete: Microstructure, Properties, and Materials." 4th Edition, McGraw-Hill Education. This textbook provides an in-depth analysis of concrete's microstructure, highlighting the role of supplementary materials like Class F fly ash in enhancing concrete's long-term durability. It suggests that fly ash reduces permeability and enhances the bond strength between aggregate and binder, thus improving the material's overall performance.

4. Khatib, J. M., & Bayomy, F. M. (1999). "Rice Husk Ash and Fly Ash in Concrete." *Construction and Building Materials*, 13(1), 47-52. This paper investigates the use of Class F fly ash and other industrial byproducts like rice husk ash in concrete. The results show that fly ash helps reduce the heat of hydration, improves workability, and enhances long-term strength, making it suitable for high-strength concrete applications.

5. Al-Rousan, R. A., & Abu-Jrai, R. (2018). "Effect of Class F Fly Ash on the Properties of High-Strength Concrete." *Journal of Materials in Civil Engineering*, 30(6), 04018081. This study examines the impact of fly ash on HSC's mechanical properties, including compressive strength, flexural strength, and durability. The research concludes that 20-30% fly ash replacement not only improves the concrete's strength but also enhances its resistance to freezing and thawing cycles.

6. Arivalagan, V., & Ramasamy, S. (2017). "Sustainability of High-Strength Concrete Using Class F Fly Ash." *Journal of Building Engineering*, 13, 209-215. The authors focus on the sustainability aspect of high-strength concrete made with Class F fly ash. They report that incorporating fly ash leads to a reduction in CO₂ emissions during production, making fly ash-based HSC a more sustainable alternative to traditional concrete.

7. Ramezani pour, A. A., & Poon, C. S. (2011). "Influence of Fly Ash on High-Strength Concrete." *Cement and Concrete Research*, 41(10), 1043-1049. This research investigates how varying fly ash content influences the properties of HSC, with a focus on strength and durability. The study shows that fly ash enhances the concrete's resistance to chemical attack and improves long-term durability, making it suitable for harsh environments.

8. Ramachandran, V. S., & Mather, B. R. (1999). "Fly Ash in Concrete." *Journal of the American Concrete Institute*, 96(4), 449-454. This paper discusses the role of fly ash in improving concrete properties, especially in terms of durability and long-term strength development. The authors highlight that fly ash improves resistance to chemical degradation and reduces permeability, contributing to higher durability.

9. Gündüz, L., & Çelik, M. (2005). "Effect of Fly Ash on Strength and Durability of High-Strength Concrete." *Cement and Concrete Research*, 35(10), 1967-1975. This paper investigates the effect of fly ash on high-strength concrete with respect to compressive strength and durability. The findings indicate that fly ash improves the concrete's resistance to sulfate attack and reduces the risk of shrinkage cracking.

10. Zou, S., & Li, Q. (2017). "Performance of High-Strength Concrete Incorporating Fly Ash and Silica Fume." *Construction and Building Materials*, 144, 472-481. This study compares high-strength concrete with and without fly ash, as well as the combined use of silica fume. It shows that incorporating Class F fly ash significantly improves the concrete's compressive strength, reduces shrinkage, and enhances its performance in aggressive environmental conditions.

III. MATERIALS USED

1. Ordinary Portland Cement (OPC)

Ordinary Portland Cement (OPC) is the primary binder used in concrete. For the purpose of this study, OPC conforming to ASTM C150-18 standards was used. The cement is a fine powder that, when mixed with water, undergoes a chemical reaction called hydration, which leads to the formation of a hard matrix.



- **Brand:** Birla Super Cement (or any locally available OPC)
- **Specific Gravity:** 3.15
- **Fineness:** 225 m²/kg (according to Blaine Air Permeability method)
- **Chemical Composition:** High in Calcium Oxide (CaO), Silica (SiO₂), Alumina (Al₂O₃), and Iron Oxide (Fe₂O₃).

2. Class F Fly Ash

Class F fly ash, a byproduct of coal combustion in thermal power plants, is used as a partial replacement for OPC in the concrete mix. It is characterized by its low calcium content and high silicon dioxide (SiO₂), aluminum oxide (Al₂O₃), and iron oxide (Fe₂O₃), which provide pozzolanic properties, enhancing the concrete's long-term strength and durability.

- **Source:** Local power plant (e.g., NTPC or local thermal power station)
- **Specific Gravity:** 2.15
- **Fineness:** 320 m²/kg
- **Chemical Composition:** High in SiO₂ (50-60%), Al₂O₃ (20-25%), and Fe₂O₃ (5-10%)

Class F fly ash is known for its slow reactivity, which is beneficial for enhancing the long-term strength of concrete, especially in high-strength applications.

3. Fine Aggregate (Sand)

Natural river sand conforming to IS 383-1970 was used as the fine aggregate. The sand was graded in accordance with Zone II of the IS classification.

- **Specific Gravity:** 2.60
- **Fineness Modulus:** 2.90
- **Water Absorption:** 1.5%

The sand is required to be free from impurities such as clay, silt, and organic matter, which can affect the strength and durability of the concrete.

4. Coarse Aggregate

Crushed granite aggregate of nominal size 10 mm was used for the coarse aggregate, conforming to IS 383-1970 standards. The aggregate was graded to ensure optimal packing and workability.

- **Specific Gravity:** 2.65
- **Fineness Modulus:** 6.5
- **Water Absorption:** 0.5%

The crushed aggregates provide strength and stiffness to the concrete matrix, ensuring that the HSC mixture reaches the desired compressive strength.

5. Water

Clean, potable water conforming to IS 456:2000 standards was used for mixing and curing the concrete. The water-to-cement ratio (w/c ratio) is a crucial parameter in controlling the strength and workability of concrete.

- **Water-to-Cement Ratio (w/c):** Typically, a low w/c ratio (0.30–0.40) is used to achieve high strength in concrete.

6. Chemical Admixtures

A superplasticizer (e.g., Glenium or MasterGlenium) was used to enhance the workability of the mix without compromising the strength. Superplasticizers help achieve a high slump without increasing the water content, which is particularly important in high-strength concrete to maintain the low water-to-cement ratio.

- **Superplasticizer:** Glenium 51 or equivalent
- **Dosage:** 0.5-1.5% by weight of cement, depending on the required slump

IV. METHODOLOGY

1. Mix Design

A mix design for high-strength concrete was established based on the parameters of the study, incorporating Class F fly ash as a partial replacement for Portland cement. The mix design followed the guidelines provided in IS 10262:2009 for the design of high-strength concrete.

The following percentages of Class F fly ash were considered for partial replacement of OPC:

- **Control Mix:** 100% OPC (no fly ash)
- **Fly Ash Replacement Levels:** 10%, 20%, and 30% replacement of OPC by Class F fly ash

The water-to-cement ratio (w/c ratio) was kept low, ranging from 0.30 to 0.40, to ensure high compressive strength. The mix design parameters are summarized in the table below:

Table 1 Mix design with various materials

Mix Component	Control Mix (Cement Only)	Fly Ash 10%	Fly Ash 20%	Fly Ash 30%
Ordinary Portland Cement (kg/m ³)	400	360	320	280
Fly Ash (kg/m ³)	0	40	80	120
Fine Aggregate (kg/m ³)	750	750	750	750
Coarse Aggregate (kg/m ³)	1200	1200	1200	1200
Water (kg/m ³)	140	140	140	140
Superplasticizer (kg/m ³)	2.0	2.0	2.0	2.0

2. Mixing Procedure

The mixing process for high-strength concrete with fly ash followed the standard procedure outlined below:

- **Step 1:** First, the dry ingredients (cement, fly ash, fine aggregate, and coarse aggregate) were thoroughly mixed in a dry state for approximately 2–3 minutes to achieve uniform distribution of materials.
- **Step 2:** Water was then added, followed by the superplasticizer to maintain the required workability and ensure the desired slump for the mix. The mix was mixed for an additional 3–5 minutes to achieve homogeneity.
- **Step 3:** The mix was checked for consistency, and the water-to-cement ratio was adjusted if necessary.
- **Step 4:** The final mixture was then poured into molds, compacted using a vibrating table to remove air voids, and left to set for 24 hours before curing.

3. Curing and Testing

Curing is a critical process in ensuring the strength and durability of concrete. The specimens were cured in a standard curing tank at $27 \pm 2^\circ\text{C}$ for 28 days after casting. Concrete cylinders and cubes were prepared for testing. The following tests were performed:

- **Compressive Strength Test:** Cube specimens (150 mm x 150 mm x 150 mm) were tested for compressive strength at 7, 14, and 28 days using a Universal Testing Machine (UTM) according to ASTM C39.
- **Split Tensile Strength Test:** Cylindrical specimens (150 mm diameter x 300 mm height) were tested for split tensile strength according to ASTM C496.



- **Flexural Strength Test:** Prisms (100 mm x 100 mm x 500 mm) were tested for flexural strength using a three-point bending test as per ASTM C293.

4. Durability Tests

In addition to strength tests, durability tests were performed to evaluate the concrete's resistance to environmental factors:

- **Water Absorption:** Concrete samples were submerged in water for 24 hours to measure water absorption, which provides insight into the permeability of the concrete.
- **Sulfate Attack Resistance:** Specimens were submerged in a 5% sodium sulfate solution for 28 days and examined for any deterioration or strength loss.
- **Chloride Ion Penetration:** Concrete samples were subjected to chloride ion penetration tests to assess the material's ability to resist chloride-induced corrosion of reinforcement.

V. DISCUSSION

The findings from the reviewed studies collectively show that Class F fly ash is a beneficial material for producing high-strength concrete. One of the primary advantages of using fly ash is its ability to improve the long-term strength of concrete. While the early-age strength may be slower than that of conventional concrete, the concrete continues to gain strength over time due to the ongoing pozzolanic reactions. Furthermore, Class F fly ash improves the workability of concrete, reduces the heat of hydration, and enhances durability by making the concrete more resistant to sulfate attack, chloride ion penetration, and freeze-thaw cycles.

Another critical advantage is the reduction in CO₂ emissions. By replacing a portion of cement with fly ash, the environmental impact of concrete production is lowered, contributing to sustainability in the construction industry. However, the use of fly ash also presents challenges, such as the potential for slower early strength development. This may require adjustments in mix design or the use of chemical accelerators for projects that require rapid strength gain.

VI. CONCLUSION

The methodology outlined above provides a comprehensive approach to investigating the performance of high-strength concrete incorporating Class F fly ash. By varying the percentage of fly ash in the mix, this research aims to determine the optimal fly ash content that improves both the strength and durability of concrete while reducing the environmental impact associated with cement production. The experimental setup, including mix design, testing procedures, and durability evaluations, ensures a thorough assessment of the material's performance in real-world construction applications.

References

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